



OFFICE OF THE DIRECTOR GENERAL OF POLICE
PUDUCHERRY

Dated: 02.04.2018

P R E S S N O T E

A "Self-Defense Training Programme" for school going girls was organized by the Puducherry Police Department, on 02.04.2018 at 1600 Hours at PAP Ground, Gorimedu, Puducherry. It is to be a two-day programme (2nd-3rd April), attended by over 1000 girls, from over 5 schools all over Puducherry. This is such first ever event organised in the history of Puducherry Police.

Shri. V. Narayanasamy, Hon'ble Chief Minister of Puducherry, who was the Chief Guest, inaugurated the programme along with Shri S.K. Gautam, IPS, DGP, Puducherry. Dr. V.J. Chandran, DIG(C& I), Ms.Apoorva Gupta, Senior Superintendent of Police(HQ), all Superintendents of Police, CIs / Inspectors, SHOs/SIs attended the function.

The two-day programme is designed with emphasis on teaching self- defense strategies to young girls to help them counter adversities they face in real life, whether it is eve-teasing on the streets or domestic violence at home. The programme empowers them to fight back with confidence in the face of any threat. Safety of women and children has always been a priority for the Puducherry police department and this programme is another step in this direction.

A team of self-defense trainers from the police department, including both male and female trainers, devised the training module. They gave a basic orientation cum demonstration of basic self-defense techniques to the school students in the presence of HCM, followed by an extensive practice session where all students participated and practiced these techniques themselves. More such self defense training sessions will be organised subsequently for other schools and colleges of Puducherry.

